Supplementary Table 1. Use of Energy Drink and AmED

Variable	Category	n (%)
Reasons for ED use[$](n = 219)	Staying awake	184 (53.3)
	Energy boost	73 (21.2)
	Preference for taste or flavor	41 (11.9)
	Following friends' lead	12 (3.5)
	Thirst relief	10 (2.9)
	As a habit	9 (2.6)
	Stress relief	7 (2.0)
	Others	9 (2.6)
Effects of ED use[$] (n = 219)	Sleep problems	98 (26.4)
	Palpitations	79 (21.3)
	Fatigue	44 (11.9)
	GI discomfort	34 (9.2)
	Feeling cold	9 (2.4)
	Shaking	10 (2.7)
	Anxiety/worry/tension	9 (2.4)
	Dizziness	5 (1.3)
	Increased alertness or No effects	83 (22.4)
Location of AmED use[$] (n = 47)	At home	24 (42.1)
	Pubs or bars	22 (38.6)
	Club	7 (12.3)
	Restaurants and others	4 (7.1)
Reasons for AmED use[$] (n = 47)	Enhancing the taste of alcohol	36 (63.2)
	Following friends' lead	13 (22.7)
	Alleviating fatigue	3 (5.3)
	Increasing alertness	3 (5.3)
	Others	2 (3.5)

[†]ED=energy drink; [‡]AmED=alcohol mixed with energy drink; [$] Multiple responses